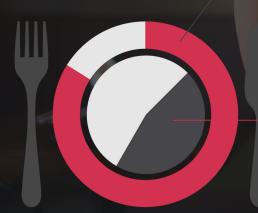


The Burnt Chef Project challenges mental health stigma whilst educating and supporting individuals and businesses within the hospitality ecosystem

experienced mental health issues within their career



46% would feel uncomfortable talking about their concerns

We're here to change that...









WWW.THEBURNTCHEFPROJECT.COM FOLLOW ON SOCIAL MEDIA



WE'RE PROUD TO SHARE THAT IN JUST THE LAST 3 YEARS WE HAVE...

OVER

20,500

HEALTH AND WELLBEING MODULES COMPLETED FOR **FREE** BY WORLDWIDE HOSPITALITY PROFESSIONALS VIA THE BURNT CHEF ACADEMY



170

TRAINED GLOBAL PEER SUPPORT NETWORK AMBASSADORS

MORE THAN

3,700

STUDENTS TRAINED FOR **FREE** IN MENTAL HEALTH AWARENESS AND STRESS REDUCTION ACROSS 103 CULINARY COLLEGES

HELD

7,943

CONVERSATIONS &
PROVIDED **FREE** MENTAL
HEALTH SUPPORT AROUND
THE CLOCK



...AND WE'RE JUST GETTING STARTED!

THINK YOU KNOW THE BURNT CHEF PROJECT?

THINK AGAIN...

OUR SERVICES

AWARENESS

EDUCATION

SUPPORT

DATA

FUNDRAISING



The Burnt Chef Shop



The Burnt Chef





Free College Talks





Apprenticeships



The Burnt Chef Academy



Hospitality Mental Health & Resilience Training



Mental Health First Aid



Suicide First Aid Training



Menopause for Managers



The Burnt Chef Support Service



Peer Support



Wellbeing & Therapy App



Global EAP and Trauma Support



Global Incident



Certification



Psychology Led Data







University and Whitepaper Reports





SEA SUMMIT

Annual



All Year





September 2025

PUT MENTAL HEALTH ON YOUR MENU









BUT I'M FIT AND HEALTHY

IT'S EASY TO NEGLECT
OUR MENTAL HEALTH...

REACH OUT AND TALK
TO US

FOR FREE, CONFIDENTIAL SUPPORT WHEN YOU NEED IT

FIND SUPPORT HERE:

